

Abstract

Title: Case study of physiotherapy treatment of a patient with the diagnosis of status after ankle fracture osteosynthesis.

Aim: The aim of this bachelor' s thesis is to present basic information on ankle fractures and to elaborate a case report of a patient with this diagnoses.

Methods: This research was based on the processing of literature on the topic. It is divided into two parts - a general part and a special part.

The general part contains basic information about anatomy and function of the ankle joint, kinesiology. It contains also traumatology, physiotherapeutic methods and procedures that can be used in a patient with mentioned diagnosis.

The special part contains casuistic of a patient and includes anamnestic data, input kinesiological analysis. The therapies are processed individually according to the patient' s attendance and are finished with the output of kinesiological analysis with evaluation of the therapy effects.

Keywords: ankle joint, fracture, osteosynthesis, physiotherapy, case study